



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

4

5

6

7




PLEASE PRACTICE SOCIAL DISTANCING

11

CHEESY PIZZA WITH CHOCOLATE CHIP COOKIE
ASSORTED VEGGIES & FRUIT MILK

12

TYSON CHICKEN AND WAFFLES
ASSORTED VEGGIES & FRUIT MILK

13

MINI CHEESEBURGERS
ASSORTED VEGGIES & FRUIT MILK

14

BEAN AND CHEESE BURRITO
ASSORTED VEGGIES & FRUIT MILK



17

JENNIE-O TURKEY CORNDOG
ASSORTED VEGGIES & FRUIT MILK

18

CHEESY PIZZA WITH CHOCOLATE CHIP COOKIE
ASSORTED VEGGIES & FRUIT MILK

19

TYSON CHICKEN SANDWICH
ASSORTED VEGGIES & FRUIT MILK

20

HAMBURGER
ASSORTED VEGGIES & FRUIT MILK

21

BEAN AND CHEESE BURRITO
ASSORTED VEGGIES & FRUIT MILK



24

GRILLED CHEESE SANDWICH
ASSORTED VEGGIES & FRUIT MILK

25

CHEESY PIZZA WITH CHOCOLATE CHIP COOKIE
ASSORTED VEGGIES & FRUIT MILK

26

TYSON CHICKEN AND WAFFLES
ASSORTED VEGGIES & FRUIT MILK

27

MINI CHEESEBURGER
ASSORTED VEGGIES & FRUIT MILK

28

BEAN AND CHEESE BURRITO
ASSORTED VEGGIES & FRUIT MILK



31

JENNIE-O TURKEY CORNDOG
ASSORTED VEGGIES & FRUIT MILK

WASH YOUR HANDS



MEAL REQUIREMENTS

Must select at least 3 of the 5 offered components:
Meat/Meat Alternative;
Grain; Veggie; Fruit; Milk

ONE SELECTION MUST BE A 1/2 CUP OF FRUIT OR VEGGIE!



A Guide to Safety with School Meals in the Wake of COVID-19

As the world continues the long journey back to normalcy after the COVID-19 pandemic, many students are gearing up to start a new academic year faced with new, extraordinary challenges. The start of a school year can cause anxiety for both new and returning students and parents, and recent events have added reasonable concerns about health and

safety in the wake of the global pandemic that altered the way we live, work and learn. Sodexo understands these concerns, and we are committed to protecting the health and safety of everyone who eats in our schools, as well as all members of our foodservice staff.



Download our app for more information about our school lunches.

BREAKFAST

BREAKFAST - The most important meal of the day.

MONDAY: ASSORTED CEREAL & GOLDFISH CRACKERS

TUESDAY: SAUSAGE & EGG ENGLISH MUFFIN SANDWICH

WEDNESDAY: CINNAMON BUN

THURSDAY: BACON & EGG SANDWICH

FRIDAY: ASSORTED CEREAL WITH GRAHAM CRACKER

Parents or students can pick up a breakfast and lunch meal at any school site close to their residence for Phase 1. Service time is 12:00-2:00 at all school sites on Tuesdays and Fridays. We do accommodate special diets. Parents can pick up to 5 days worth of meals.

Fresh Pick Recipe

BLUEBERRY AND CUCUMBER SALAD

- 1 Cucumber (medium/peeled/sliced thin in rounds)
- 1 c Blueberries
- 1 c Strawberries(sliced)
- ¼ c onion(sliced thin)
- Salt and pepper to taste
- 2 T Salad oil(light)
- 2 T Vinegar(red or white)
- 2 T Fresh parsley

1. Prepare ingredients as directed.
2. In medium bowl, place the cucumber, blueberries, strawberries, and onion.
3. Toss with the oil and vinegar and add salt and pepper to taste. Garnish with parsley.



FULL PRICE BREAKFAST: \$2.00
FULL PRICE LUNCH: \$3.50

Parents can pick up to 5 days worth of meals at one time! Students do not have to be present to pick up a meal. School meals are only for enrolled students.

Please complete your annual meal application which can qualify you for FREE meal benefits. Please view the Food Services webpage via the William S. Hart UHSD website for more information.

Nutrition Information is available upon request.

