

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
Broccoli Beef Rice Bowl
Cheeseburger
Yogurt Parfait (V)

2
Nashville Hot Chicken Sandwich
Bean & Cheese Burrito (V)
Turkey & Cheddar Wrap

3
All-Beef Hot Dog
Creamy Chicken Alfredo
Veggie Pizza (V)

4
Teriyaki Chicken Rice Bowl
Bean & Cheese Burrito (V)
Chicken Caesar Salad

5
Chicken Ranch Wrap
Spaghetti with Meat Sauce
Grilled Cheese (V)

7
BBQ Chicken Pizza
Yogurt Parfait (V)
Crispy Chicken Sandwich

8
Turkey Tacos
Chicken Caesar Wrap
Bean & Cheese Burrito (V)

9
Chicken Quesadilla
Deli Submarine Sandwich
Cheese Pizza (V)

10
Meatlovers Pizza
Chef Salad
Bean & Cheese Burrito (V)

11
Chicken Tenders
Yogurt Parfait (V)
Grilled Cheese (V)

14
Broccoli Beef Rice Bowl
Cheeseburger
Yogurt Parfait (V)

15
Nashville Hot Chicken Sandwich
Bean & Cheese Burrito (V)
Turkey & Cheddar Wrap

16
All-Beef Hot Dog
Creamy Chicken Alfredo
Veggie Pizza (V)

17
Teriyaki Chicken Rice Bowl
Bean & Cheese Burrito (V)
Chicken Caesar Salad

18
Chicken Ranch Wrap
Spaghetti with Meat Sauce
Grilled Cheese (V)

21
BBQ Chicken Pizza
Yogurt Parfait (V)
Crispy Chicken Sandwich

22
Turkey Tacos
Chicken Caesar Wrap
Bean & Cheese Burrito (V)

23
Chicken Quesadilla
Deli Submarine Sandwich
Cheese Pizza (V)

24
Meatlovers Pizza
Chef Salad
Bean & Cheese Burrito (V)

25
Chicken Tenders
Yogurt Parfait(V)
Grilled Cheese (V)

28
Broccoli Beef Rice Bowl
Cheeseburger
Yogurt Parfait (V)

29
Nashville Hot Chicken Sandwich
Bean and Cheese Burrito (V)
Turkey & Cheddar Wrap

30
Chicken Quesadilla
Deli Submarine Sandwich
Cheese Pizza (V)



MEAL REQUIREMENTS
Must select at least 3 of the 5 offered components:
Meat/Meat Alternative; Grain; Veggie; Fruit; Milk
ONE SELECTION MUST BE A 1/2 CUP OF FRUIT OR VEGGIE!

MENU IS SUBJECT TO CHANGE

This institution is an equal opportunity provider.