



MONDAY

TUESDAY


WEDNESDAY

THURSDAY

FRIDAY

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 PLEASE PRACTICE SOCIAL DISTANCING	10 CHEESY PIZZA WITH CHOCOLATE CHIP COOKIE ASSORTED VEGGIES & FRUIT MILK	11 TYSON CHICKEN AND WAFFLES ASSORTED VEGGIES & FRUIT MILK	12 MINI CHEESEBURGERS ASSORTED VEGGIES & FRUIT MILK	13 BEAN AND CHEESE BURRITO ASSORTED VEGGIES & FRUIT MILK
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17 JENNIE-O TURKEY CORNDOG ASSORTED VEGGIES & FRUIT MILK	18 CHEESY PIZZA WITH CHOCOLATE CHIP COOKIE ASSORTED VEGGIES & FRUIT MILK	19 TYSON CHICKEN SANDWICH ASSORTED VEGGIES & FRUIT MILK	20 HAMBURGER ASSORTED VEGGIES & FRUIT MILK	21 BEAN AND CHEESE BURRITO ASSORTED VEGGIES & FRUIT MILK
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24 GRILLED CHEESE SANDWICH ASSORTED VEGGIES & FRUIT MILK	25 CHEESY PIZZA WITH CHOCOLATE CHIP COOKIE ASSORTED VEGGIES & FRUIT MILK	26 TYSON CHICKEN AND WAFFLES ASSORTED VEGGIES & FRUIT MILK	27 MINI CHEESEBURGER ASSORTED VEGGIES & FRUIT MILK	28 BEAN AND CHEESE BURRITO ASSORTED VEGGIES & FRUIT MILK
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31 JENNIE-O TURKEY CORNDOG ASSORTED VEGGIES & FRUIT MILK	WASH YOUR HANDS 	MEAL REQUIREMENTS Must select at least 3 of the 5 offered components: Meat/Meat Alternative; Grain; Veggie; Fruit; Milk ONE SELECTION MUST BE A 1/2 CUP OF FRUIT OR VEGGIE! 		
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A Guide to Safety with School Meals in the Wake of COVID-19

As the world continues the long journey back to normalcy after the COVID-19 pandemic, many students are gearing up to start a new academic year faced with new, extraordinary challenges. The start of a school year can cause anxiety for both new and returning students and parents, and recent events have added reasonable concerns about health and

safety in the wake of the global pandemic that altered the way we live, work and learn. Sodexo understands these concerns, and we are committed to protecting the health and safety of everyone who eats in our schools, as well as all members of our foodservice staff.



Download our app for more information about our school lunches.

BREAKFAST

BREAKFAST - The most important meal of the day.

MONDAY: ASSORTED CEREAL & GOLDFISH CRACKERS

TUESDAY: SAUSAGE & EGG ENGLISH MUFFIN SANDWICH

WEDNESDAY: CINNAMON BUN

THURSDAY: BACON & EGG SANDWICH

FRIDAY: ASSORTED CEREAL WITH GRAHAM CRACKER

Parents or students can pick up a breakfast and lunch meal at any school site close to their residence for Phase 1. Service time is 10:30-12:30 at all school sites on Tuesdays and Fridays. We do accommodate special diets. Parents can pick up to 5 days worth of meals.

Fresh Pick Recipe

BLUEBERRY AND CUCUMBER SALAD

- 1 Cucumber (medium/peeled/sliced thin in rounds)
- 1 c Blueberries
- 1 c Strawberries(sliced)
- ¼ c onion(sliced thin)
- Salt and pepper to taste
- 2 T Salad oil(light)
- 2 T Vinegar(red or white)
- 2 T Fresh parsley

1. Prepare ingredients as directed.
2. In medium bowl, place the cucumber, blueberries, strawberries, and onion.
3. Toss with the oil and vinegar and add salt and pepper to taste. Garnish with parsley.



FULL PRICE BREAKFAST: \$2.00
FULL PRICE LUNCH: \$3.50

Parents can pick up to 5 days worth of meals at one time! Students do not have to be present to pick up a meal. School meals are only for enrolled students.

Please complete your annual meal application which can qualify you for FREE meal benefits. Please view the Food Services webpage via the William S. Hart UHSD website for more information.

Nutrition Information is available upon request.

