



BREAKFAST MENU

OCTOBER

EVERYDAY

YOGURT CUP WITH CRACKERS*
WHOLE GRAIN MUFFIN*
WHOLE GRAIN BREAKFAST CEREAL*
WHOLE GRAIN CEREAL BAR*
BAGEL W/ CREAM CHEESE
ASSORTED SEASONAL FRUIT
VARIETY OF MILK OFFERED DAILY

*SERVED WITH SUNFLOWER SEEDS, STRING CHEESE, OR CRACKERS

MONDAY

FRESH-BAKED SCONE
HAM & CHEESE BREAKFAST CROISSANT

TUESDAY

HUEVOS RANCHEROS WRAP
CRANBERRY PEACH MUFFIN SQUARE

WEDNESDAY

SAUSAGE BREAKFAST PIZZA
EGG & CHEESE BAGEL SANDWICH

THURSDAY

FRESH-BAKED CINNAMON ROLL
CHEESY HAM & EGG BAKE & WHOLE GRAIN TOAST

FRIDAY

BELGIAN WAFFLES
REDWOOD BREAKFAST SANDWICH

MENU IS SUBJECT TO CHANGE.
PLEASE VISIT WWW.MYSCHOOLMENUS.COM
FOR ADDITIONAL INFORMATION.
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

LUNCH MENU

OCTOBER

MONDAY

ADVENTURE

BAKED PENNE PASTA*

FAST TAKES

CAPRESE CHICKEN WRAP

GRILL

CHICKEN BURRITO BOWL

PIZZA

PEPPERONI PIZZA

TUESDAY

ADVENTURE

CHICKEN ENCHILADA BAKE*

FAST TAKES

BUFFALO CHICKEN SALAD*

GRILL

BACON GRILLED CHEESE

PIZZA

GARDEN BLOOMS PIZZA

WEDNESDAY

ADVENTURE

SPAGHETTI WITH MARINARA SAUCE &
MOZZARELLA CHEESE

FAST TAKES

SRIRACHA CHICKEN WRAP

GRILL

TURKEY & BACON CLUB SANDWICH

PIZZA

HOT HONEY PEPPERONI PIZZA

EVERYDAY

CHEESEBURGER

VEGGIE BURGER

CHICKEN SANDWICH

CHEESE PIZZA

BEAN & CHEESE BURRITO

DELI SUBMARINE SANDWICH

CHICKEN CAESAR SALAD*

DAILY SIDES

ASSORTED WHOLE FRUIT

BABY CARROTS

FRENCH FRIES

SUPER SIDE SALAD

THURSDAY

ADVENTURE

ORANGE CHICKEN RICE BOWL

FAST TAKES

HONEY PEAR CRANBERRY YOGURT

PARFAIT

GRILL

NASHVILLE HOT CHICKEN SANDWICH

PIZZA

HAWAIIAN PIZZA

FRIDAY

ADVENTURE

BEEF, BEAN, & CHEESE NACHOS

FAST TAKES

ASIAN EDAMAME SALAD*

GRILL

KOREAN BBQ CHICKEN SUB

PIZZA

PEPPERONI PIZZA

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*SERVED WITH A ROLL OR CRACKERS