

AOC & LPA

3



5

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast

Egg & Cheese Muffin

Lunch Chicken Quesadilla

Breakfast Sausage Breakfast Pizza

Lunch Spaghetti with Meat Sauce Breakfast

Fresh-Baked Cinnamon Roll

Lunch Nashville Hot Chicken Sandwich

11

4

Breakfast Belgian Waffles

Lunch Beef, Bean, & Cheese Nachos

8

Breakfast Southwest Breakfast Burrito

Lunch Chicken Burrito Bowl 9

2

Breakfast

Blueberry Muffin Square

Lunch Cheeseburger 10

Breakfast

Peach & Yogurt Breakfast Parfait

Turkey & Bacon Club Sandwich

Breakfast Ham & Potato Breakfast Tacos

Lunch Teriyaki Chicken Rice Bowl 12

Breakfast

Turkey Sausage & Cheddar Biscuit

Lunch

Chicken Parmesean Popper Sub

15

Breakfast Fresh-Baked Scone

Lunch Pulled Pork Sandwich 16

Breakfast Bagel with Cream Cheese

Lunch

Cheese Lasagna Rollup

17

Breakfast Sausage Breakfast Pizza

Lunch

Southern-Style Crispy Chicken Wrap

18

Breakfast Fresh-Baked Cinnamon Roll

Lunch Blueberry Yogurt Parfait 19

Breakfast

Belgian Waffles

Lunch

Chicken Caesar Salad

22

Breakfast

Southwest Breakfast Burrito

Lunch Sweet Thai Chili Chicken Wrap 23

Breakfast Blueberry Muffin Square

Lunch

Chicken Quesadilla

24

Breakfast Peach & Yogurt Breakfast Parfait

Lunch Spaghetti with Meat Sauce 25

Breakfast Ham & Potato Breakfast Tacos

Lunch

Nashville Hot Chicken Sandwich

26

Breakfast

Turkey Sausage & Cheddar Biscuit

Lunch

Beef, Bean, & Cheese Nachos

29

Breakfast

Fresh-Baked Scone

<u>Lunch</u> Chicken Burrito Bowl 30

Breakfast

Egg & Cheese Muffin

Lunch Cheeseburger **Breakfast**

Bagel with Cream Cheese

Lunch

Turkey & Bacon Club Sandwich

A COMPLETE BREAKFAST CONTAINS AT LEAST WHOLESOME ITEMS

